

# YOUR TRIP

We're excited that you will be joining us at Eagle Bluff Environmental Learning Center. Please read through the information below so that you are prepared. If you have specific questions you can contact your retreat leader.



## Before your Visit

- Communicate all dietary and special medical needs to your retreat leader.
- Fill out the Eagle Bluff Medical Release form.
- Remember to pack appropriate clothing. No flip-flops are allowed in Eagle Bluff classes. **We go outside in all weather.** Exceptions are thunderstorms or frigid weather conditions/temperatures.

## Getting to Eagle Bluff

**WARNING:** Internet Mapping Sites and Personal GPS Units will take you on back roads that may be impassable due to weather conditions - PLEASE use the directions below.

From the East or West	From the North or South
<ul style="list-style-type: none"><li>• Take State Highway 16 to Lanesboro</li><li>• Go north on Highway 250 (Parkway Ave) for about ½ mile until you are approaching downtown</li><li>• Turn left on County Road 8 (between Root River Outfitters and Mrs. B's Inn) and travel 2 miles</li><li>• Follow brown directional signs to turn right on County Road 21 (blacktop) and travel 1 ¼ miles</li><li>• Turn right on Goodview Drive (gravel) and travel 2 ½ miles to Eagle Bluff Campus</li></ul>	<ul style="list-style-type: none"><li>• Take Highway 52 to Fountain</li><li>• In Fountain follow brown directional signs to turn east on County Road 8 and travel 7 miles</li><li>• Turn left on County Road 21 (blacktop) and travel 1 ¼ miles</li><li>• Turn right on Goodview Drive (gravel) and travel 2 ½ miles to the Eagle Bluff Campus</li></ul>

## What to Bring

The following list is Eagle Bluff's suggestions. Please contact your retreat leader for group-specific recommendations

All Year	Nov 1- Apr 15
<ul style="list-style-type: none"><li><input type="checkbox"/> Outdoor shoes (can get wet/muddy)</li><li><input type="checkbox"/> Inside shoes</li><li><input type="checkbox"/> Rain gear, waterproof</li><li><input type="checkbox"/> Changes of clothing</li><li><input type="checkbox"/> Toiletries/Medications</li><li><input type="checkbox"/> Sleeping Bag or Sheets/Blanket &amp; Pillow</li><li><input type="checkbox"/> Bath towel, hand towel &amp; washcloth</li><li><input type="checkbox"/> Reusable water bottle</li><li><input type="checkbox"/> Sunscreen</li><li><input type="checkbox"/> If canoeing, shoes that do not fall off and can get wet/muddy</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Winter hat, mittens, scarf, warm coat</li><li><input type="checkbox"/> Snow Pants</li><li><input type="checkbox"/> Snow Boots</li><li><input type="checkbox"/> Long underwear</li><li><input type="checkbox"/> Layers for upper and lower body</li><li><input type="checkbox"/> Extra socks, NOT cotton (wool/synthetic)</li></ul>
<p><b>Optional Gear:</b> Camera, Sunglasses, Insect repellent (deet free please), Gift shop money, watch, backpack, writing utensils, battery-operated alarm clock, rubber boots (if weather dictates)</p>	

**Reminder:** Eagle Bluff is not responsible for personal property lost, stolen or damaged during your visit. Please label luggage and personal items with your name.